

# Passive Gait Synchronization of Human-Robot Systems Using a Dynamically Coupled Double Rimless Wheel Model\*

Daniel J. Gonzalez, *Member, IEEE*<sup>1</sup>, and H. Harry Asada, *Member, IEEE*<sup>2</sup>

## I. INTRODUCTION

The Extra Robotic Legs (XRL) system is a robotic augmentation worn by a human operator consisting of two articulated robot legs that walk with the operator and help bear a heavy backpack payload. When walking together, the human-XRL system forms a type of quadrupedal system (See Fig. 1-a). Unlike fully biological or fully robotic quadrupeds, the human-XRL system consists of two independently controlled biped systems which are physically connected. Synchronizing the human-gait system is challenging because there is no centralized controller to command the entire quadruped. Our goal is to establish a natural regulator that achieves a desired gait cycle by exploiting the intrinsic dynamic synchronization properties of the human-XRL system.

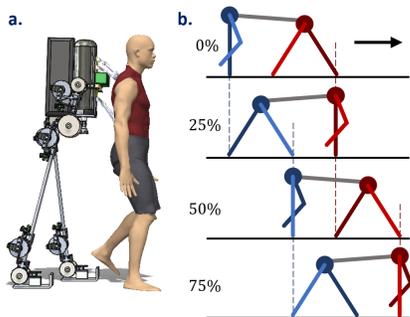


Fig. 1: The Extra Robotic Legs System and desired gait cycle, with the hind legs leading the rear legs by 25%. This quadrupedal system behaves as if it were two coupled bipeds.

This desired gait cycle is informed by animal biomechanics. Analysis of quadrupedal animal gaits [2] shows that quadrupeds behave as if they were two coupled bipeds and tend to fall into a gait cycle where the hind limbs lead the fore limbs by about 25% of the stride time (or 90° out of phase) during steady-state walking, as shown in Fig. 1-b. This walking gait cycle has also been found to maximize the margin of stability of the quadruped's balance [3]. It has also been shown that gaits with more sequenced collisions per stride are more energy efficient than gaits

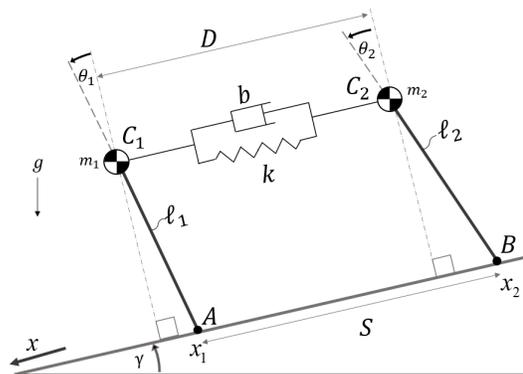


Fig. 2: The Coupled Rimless Wheels Model

which group multiple foot collisions together [4]. It is of interest, then, to analyze how intrinsic dynamics can lead the Human-XRL System to naturally fall into this special gait cycle. **In this work we present a dynamic model and a preliminary experiment that captures this passive gait synchronization for the human-XRL system.**

## II. THE DYNAMICALLY COUPLED DOUBLE RIMLESS WHEEL MODEL

The canonical Rimless Wheel model [5] is a simple non-linear hybrid-dynamic model that captures natural bipedal walking dynamics. In order to explore the effects of dynamic coupling in a quadrupedal system, we extend the model by adding a second Rimless Wheel and connecting the two with a passive coupler made up of a spring  $k$  and a viscous damper  $b$  in parallel. See Fig. 2.

The masses  $m_1$  and  $m_2$  of each pendulum are point masses atop massless links of length  $\ell_1$  and  $\ell_2$ , respectively. The angle of the first Rimless Wheel about point  $A$  is  $\theta_1$  and the angle of the second about point  $B$  is  $\theta_2$ , and the step angles for each are  $\alpha_1$  and  $\alpha_2$ . The distance between the coupler endpoints is  $D$  and the unstretched length of the spring is  $D_0$ .

The nonlinear state equations during the continuous dynamics are, assuming  $\ell_1 = \ell_2 = \ell$  and  $m_1 = m_2 = m$ :

$$\ddot{\theta}_1 = \frac{g}{\ell} \sin(\theta_1 + \gamma) - \frac{k}{m\ell} (D - D_0) \cos(\theta_1 + \beta) - \frac{b}{m} \left( \cos(\theta_1 + \beta) \dot{\theta}_1 - \cos(\theta_2 + \beta) \dot{\theta}_2 \right) \cos(\theta_1 + \beta) \quad (1)$$

$$\ddot{\theta}_2 = \frac{g}{\ell} \sin(\theta_2 + \gamma) + \frac{k}{m\ell} (D - D_0) \cos(\theta_2 + \beta) + \frac{b}{m} \left( \cos(\theta_1 + \beta) \dot{\theta}_1 - \cos(\theta_2 + \beta) \dot{\theta}_2 \right) \cos(\theta_2 + \beta) \quad (2)$$

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<sup>1</sup>D. J. Gonzalez is with the Robotics Research Center in the Department of Electrical Engineering and Computer Science at the United States Military Academy, West Point, NY 10996. Email: daniel.gonzalez@westpoint.edu

<sup>2</sup>H. H. Asada is with the d'Arbeloff Laboratory for Information Systems and Technology in the Department of Mechanical Engineering, Massachusetts Institute of Technology, Cambridge, MA 02139, USA. Email: asada@mit.edu

$$\dot{D} = \ell \left( \cos(\theta_1 + \beta) \dot{\theta}_1 - \cos(\theta_2 + \beta) \dot{\theta}_2 \right) \quad (3)$$

where, for brevity, we write the coupler angle as

$$\beta = \sin^{-1} \left( \frac{\ell}{D} (\cos \theta_1 - \cos \theta_2) \right) \quad (4)$$

and the state of the system can be fully determined with the following state vector

$$x = [\theta_1 \quad \dot{\theta}_1 \quad \theta_2 \quad \dot{\theta}_2 \quad D]^T \quad (5)$$

The hybrid heel strike/toe-off dynamics are treated independently for each pendulum system at the angle limit  $\alpha$  of forward lean before the swing leg impacts and becomes the new stance leg, following with the canonical Rimless Wheels model.

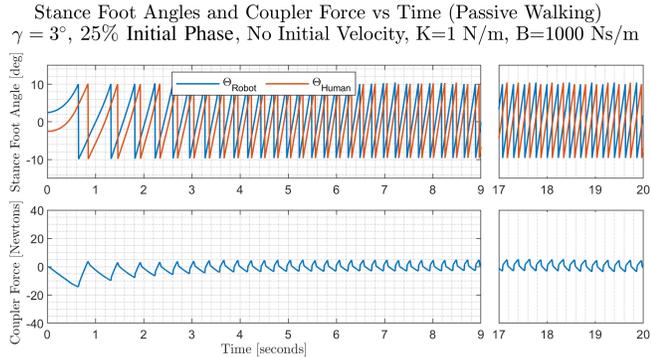


Fig. 3: Passive walk with initial phase difference of 25% converges to the desired 50% difference

Because the Coupled Rimless Wheels system has a straightforward state-space representation, it can be simulated using an ODE solver. Fig. 3 shows the case where the initial phase difference between the human and the robot is 25% out of phase. As the human and robot walk down the slope, the phase difference shifts and converges to the desired 50%. If we design the robotic XRL system to behave like a rimless wheel when walking, we can expect that connecting it to the human via the proper spring-dashpot can naturally lead the whole system to converge to the 25% out-of-phase 4-legged gait cycle.

### III. EXPERIMENTAL VALIDATION OF PASSIVE COUPLED RIMLESS WHEEL CONVERGENCE TO GAIT SYNCHRONIZATION

A prototype Coupled Rimless Wheels system was built in order to test gait cycle convergence between two passive dynamic walkers (See Fig. 4). Each wheel was designed to be human-sized with  $\ell = 0.9652$  meters (38 inches) which is the center of mass for a 1.7272 meter (5 foot 8 inch) tall male. Twelve spokes give each wheel a step angle  $\alpha = 15^\circ$ . The coupler consists of a spring and a dashpot constrained to be loaded only linearly. The damper was tuned to be roughly 100 [Ns/m] and the coupler spring was chosen to be 5.25 [N/m].

The Coupled Rimless Wheels were sent down a gentle slope of  $\gamma = 2^\circ$  while a camera on a tripod filmed the result

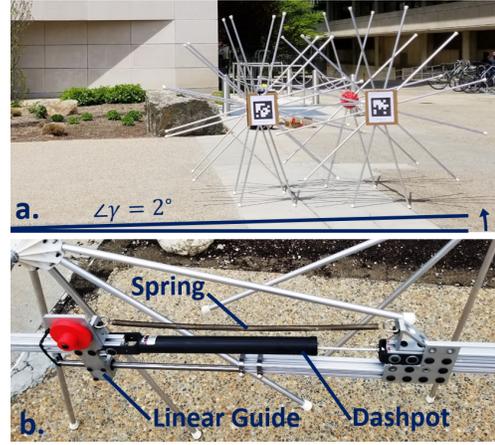


Fig. 4: Setup for testing synchronization of a Coupled Rimless Wheels system using a hardware-implemented coupler.

from the left side. Fig. 5 shows the trajectory of the Rimless Wheels and the normalized angle difference  $\phi = \theta_1 - \theta_2$  for the first 5 seconds of Experiment . While  $\phi$  is oscillatory, it converges to within  $\pm 2^\circ$  of the desired angle difference of  $15^\circ$  within several steps. This result demonstrated that two coupled walking systems can synchronize their gaits through passive means alone.

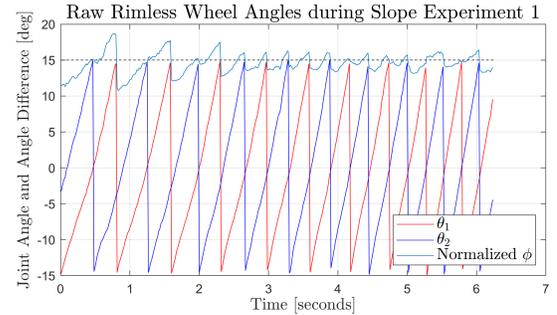


Fig. 5:  $\theta_1$ ,  $\theta_2$ , and  $\phi$  during Experiment Trial 1 shows synchronization of the physically implemented system to the desired gait cycle within 7 steps.

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